

HERTFORDSHIRE INDOOR CHAMPIONSHIPS									
LEE VALLEY		MARCH 1 2009							
Under 20 men									
60m					Long Jump				
	1	Cameron Webb	SNH	7.36		1	Tom Vince	Bar	5.56
200m									
	1	Cameron Webb	SNH	23.10					
	2	Luke Daniel	E&H	24.16					
	3	Ben McGuinness	D&T	24.92					
	4	Tom Vince	Bar	24.94					
400m									
	1	Joseph Gaynor	HPX	52.66					
	2	Alec Wing	HPX	52.75					
	3	Luke Daniel	E&H	53.64					
	4	Dave Gall	Wat	54.72					
	5	Tom Vince	Bar	55.28					
	6	Ben McGuinness	D&T	55.62					
800m									
	1	Benjamin Parry	HPX	2.04.03					
	2	Louis Walshe	HPX	2.05.91					
	3	Callum McKechnie	SNH	2.11.92					